



Homeopathy for Plants

Growing Healthy Gardens with Homeopathic Remedies

by TED AND SHERRI MAINES

Debbie was enjoying a brisk winter walk in her neighborhood when she met her friend, Kim, who was raking up the last of the fall leaves. Debbie complimented Kim on how nice her yard had looked this past year—always healthy and vibrant. Kim explained that she had learned from a social media gardening group that you could use homeopathic remedies on plants and had ordered the two books on the subject. Kim went on to explain that she had had several successes the previous summer—including curing black spot on roses with *Sulphur*, avoiding transplant shock with *Arnica* and *Calendula*, and rescuing her lettuce from snails and slugs using *Helix tosta*.

Although Debbie had used homeopathy for her family and even her pets, the concept of using homeopathic remedies on plants was something she had never thought about. Kim explained that plants are living entities, too, just like people and animals. As Samuel Hahnemann said in *The Organon of Medicine*, aphorism 32:

Every true medicine works at all times, under all circumstances, on every living being, and arouses in him its peculiar symptoms.

"Wow," Debbie said, "I never knew you could use homeopathy on plants!"

This is a statement we hear frequently! Although the practice of using homeopathy on plants is not new, the research and application is still in its infancy.

History of agrohomeopathy

The first mention of plant homeopathy dates back almost 200 years in the writings of Baron von Boenninghausen, the son-in-

law of Hahnemann, the founder of homeopathy. Boenninghausen would throw his excess or leftover remedies into his plant pots. He observed an effect on the plants, but he never took the research further.

Rudolf Steiner (1861–1925), a homeopath himself, invented a new range of homeopathic medicines. He also presented six lectures in agriculture using homeopathic and biodynamic remedies to further organic farming.

Lili Kolisko (1889–1976), a student of Steiner, made a major contribution in her germination tests that showed the influence of potentized substances on living organisms. She had asked Steiner how one could determine which potency would be most beneficial in an epidemic of hoof-and-mouth disease. Steiner advised her to grow wheat seeds and sequentially water them with various potencies of the substance in question. The resulting data, plotted as curves, would give her the desired answer. Lili continued this work throughout her lifetime, generating thousands of these curves and contributing greatly to our understanding of the work with potentized substances.

Vaikunthanath Das Kaviraj (1946–2013), a Dutch homeopath, greatly expanded our understanding of agrohomeopathy. While Kaviraj was visiting a family in Switzerland, the mother of the family asked if it was possible to use homeopathy on plants. Kaviraj replied that it was, though he knew nothing about it. The mother asked Kaviraj to treat her apple trees, which were covered in bright red spots resembling rust and were producing sour-tasting fruit at a time when they should have been ripe for picking. The owner said the spots had pro-

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gressed rapidly from one tree to another, and that the trees were unusually thirsty. It reminded Kaviraj of the rapid onset of scarlet fever in children.

Working on the principle of the three-legged stool for a diagnosis, he had:

1. The speed of the disease progression
2. The spots
3. The thirst

These three symptoms pointed to the remedy—*Belladonna*! Just a few days after the trees were treated with the remedy, *Belladonna*, the spots were gone and the apples were sweet and juicy again. This was Kaviraj's eureka moment—from this point forward he was determined to further the work of agrohomeopathy. Kaviraj subsequently spent 12 years in Australia researching and documenting his results (including an agrorepertory), which can be found in his book, *Homeopathy for Farm and Garden*.

Christiane Maute (1949–), a German homeopath, along with her daughter Cornelia Maute (1969–), make agrohomeopathy easy for the home gardener in their book, *Homeopathy for Plants*. Their book

TOP 5 REASONS to Use Remedies on Plants

1.

They are environmentally friendly and safe

2.

They are green and organic

3.

They improve the plant's immune system

4.

Bugs are unharmed to live their life cycle as nature intended

5.

They do not suppress disease

contains clear and concise instructions, as well as a plant materia medica.

Plan for your spring garden!

While the cold wind blows and the Earth is sleeping, now is the time to prepare for your next growing season. Every user of homeopathy knows that success depends on having resources and remedies on hand.

Homeopathy for Plants by Christiane Maute and *Homeopathy for Farm and Garden* by V.D. Kaviraj are the top two books available currently. Plant remedy kits are also available so you can be prepared for those quick-spreading pests and diseases. As a lover of homeopathy, you will find pleasure when your plants quickly respond, knowing you are giving them the very best care.

Inside plant issues

Bringing outdoor houseplants back in for the winter can also bring in unwanted pests. Check out this short materia medica list for such situations:

- *Coccinella* 6c for many types of aphids and spider mites
- *Nux vomica* 30c for stressed and sickly plants from the supermarket
- *Petroleum* 30c for scale and spider mites on plants with hard foliage, or effects of warm, dry inside air
- *Silicea* 200c for powdery and downy mildew, sensitive to drafts, plant neglect, or tonic for recovery from pests (only one application is recommended)



- *Sulphur* 200c for thirsty plants unable to absorb water; also good for a range of pests, including whitefly, mealybugs, scale, aphids, and spider mites

To dose plants, dissolve a few pellets in water in a pint or quart glass jar. Secure the lid and succuss (hit the palm of your hand or bang on a paper-bound soft book) 20 to 40 times. Give the remedy time to act before reapplying or reaccessing.

Source: *Homeopathy for Plants* by Christiane Maute and *Homeopathy for Farm and Garden* by V.D. Kaviraj

FOOTNOTES

1 Names have been changed.

2 Rentea R, Kamsler M. The Kolisko validation method: improving the quality control of homeopathically potentized OTC drugs. True Botanica. http://www.koliskoinstitute.org/wp-content/uploads/2014/07/Kolisko-Validation-9-4-2014_v3.pdf. Published

September 4, 2014. Accessed November 18, 2019.

3 The three-legged stool principle (accredited to Dr. Adolph Lippe) states that three leading symptoms of the medicine should match the symptoms of the patient. A three-legged stool is more stable than a one-legged stool; thus, medicine given on at least three key symptoms is more reliable than using just one symptom.

ABOUT THE AUTHORS



Ted and Sherri Maines are founders and owners of Turning Ranch Homeopathics (TRH), a family-owned business since 2017. TRH is committed to ongoing education in agrohmeopathy, working alongside world leaders to bring together knowledge, studies, and people in this

field. Find them at their popular Facebook group, "Gardening with Homeopathy," and online at TRHomeopathic.us.